

«PISLYA SLUZHBY» (AFTER SERVICE)

2023 ANNUAL REPORT





Our Values:

Responsibility
Service
Integrity
Innovation
Self-improvement

GJAMA DOHA
BETEPAHGBKUЙ ФОНД

Founded on December 27, 2022, in Ukraine, the veterans' foundation «Pislya Sluzhby» (After Service) is Ukrainian charitable organization aimed at supporting the transition of our servicemen and veterans into civilian life. We work to ensure that Ukrainian veterans thrive «after service». Our primary goal is to improve the quality of life for Ukrainian veterans and reduce instances of suicide among them.

Our work includes psychological support and legal assistance, aid in medical rehabilitation after combat injuries, assistance in finding employment and retraining, with a focus on creating a veterans' community.

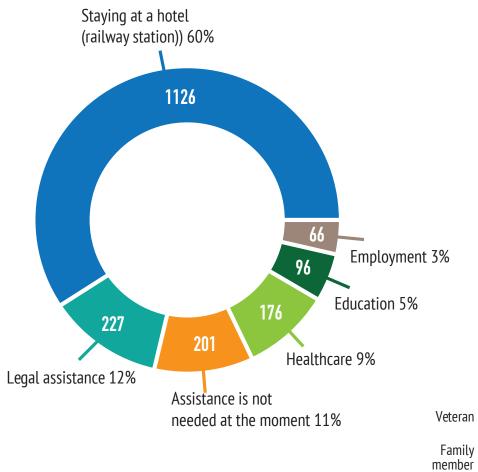
We serve as a bridge, connecting veterans with society and businesses and institutions ready to support them. Our goal is to expand opportunities and prepare those who served our country for their post-war life.

Together we envision a bright future for our veterans.



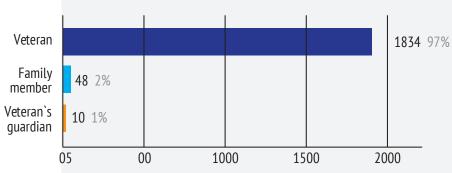
STATISTICS

How can we help you?





1892 registered requests:







Legal assistance for 48 veterans.

Closed with the partners assistance -178 cases.

Education/retraining for **34 veterans** (individual training) and **2** educational groups.

Closed with the partners assistance -58 cases.

Provided consultations -60.

Employed 6 veterans.

Healthcare for 22 veterans.

The Fund has facilitated:

- Medical equipment (hearing aid) 1
- 3D modeling and printing of jaw implant 6
- Knee joint endoprosthetics 1
- Payment for rehabilitation (inpatient and outpatient for up to 1 month) 9
- Payment for MRI examination 1
- Funding for dental prosthetics (partial dentures) -1
- Purchased medical supplies for surgeries 3
- Consultations, explanation of algorithms, and assistance provided by partners – 155 veterans.

Event statistics:

Total number of visits -531, of which unique -230

«Stop. Have some rest» statistics –

Assistance provided to 1 126 veterans.



CASE MANAGER ANNA







Anna, our case manager, is originally from Donetsk. After the occupation in 2014, she moved to Mariupol. During the full-scale invasion she found herself in a blockaded city. To survive she sought refuge in the building of a drama theater. However, the word «CHILDREN» didn't stop terrorists from dropping the most powerful bomb there. Fortunately, Anna and her son managed to leave a day before the tragedy. For the second time she started her life from scratch, this time in Kyiv.











Oleksandr is 33 years old.

While performing combat tasks to defend the Motherland on October 18, 2022, near the village of Davidiv Brid in the Kherson region, he suffered injuries due to mortar shelling (certificate of injury circumstances No. 182/4400 dated October 31, 2022).

First aid was provided at the Mykolaiv Military Medical Clinical Center and surgery on the gunshot wounds, decompression of the spinal cord at the level of C5-C7, was performed. He was evacuated to the Odesa Regional Clinical Hospital. On November 4, 2022, he was transferred to the Military Medical Clinical Center of the South Region and admitted to the neurosurgery department. On November 21, 2022, Alexander was transferred to the rehabilitation department.

Full diagnosis: A) Main: Mine-explosive trauma (October 18, 2022). Gunshot explosive blind penetrating wound of the cervical spine, multiple fractures of the spinous processes and arches of the C5-C7 vertebrae, contusion of the spinal cord of severe degree, condition after

surgery (October 18, 2022): surgery on gunshot wounds, decompression of the spinal cord at the level of C5-C7. Firearm contact wounds of the soft tissues of the back. Upper combined deep paraparesis, lower paraplegia, impaired function of pelvic organs.

B) Concomitant: Bilateral stage II pressure sores. Secondary iron-deficiency anemia of mild degree. Contact allergic dermatitis of the groin folds.

Rehabilitation for 30 days







Yuriy, 21 years old, divorced. He suffered an injury on June 27, 2022, in the Donetsk region, Dovhenke village. Leutenant.

Injury: Spinal fracture. He moves with the help of a wheelchair.

Yuriy underwent extensive treatment and spent a long time in rehabilitation in various institutions. He wishes a full life. He approached us for assistance in paying for a 2-month rehabilitation in a private clinic.







Ayrat is 32 years old.

On November 25, 2022, he sustained injuries in Bahmut while attacking enemy positions.

He suffered a severe injury — shrapnel wounds to both lower limbs, open fractures of both lower limbs.

Ayrat underwent 22 surgeries. The rehabilitation process cannot be stopped as there is a risk of losing all progress. We payed for a 30-day rehabilitation.









Ruslan is 58 years old, and he is an active-duty military serviceman.

He sustained an injury in early June 2023 in Siverskyi near Soledar. There was no open wound, so in Kramatorsk, they administered injections and drained the fluid.

As the condition worsened, he was sent for an MRI, which revealed a complete tear of the meniscus and the onset of necrosis.

An urgent surgery was needed. «Pislya Sluzhby» covered total knee replacement.







Anton is 37 years old and served in the 36th Marine Brigade. He was in the Anti-Terrorist Operation (ATO) from 2015. He lives in Mykolaiv.

Anton was injured near Bakhmut on October 10, 2022, and spent 50 days in intensive care with a traumatic brain injury and a spinal injury. He moves with the help of a wheelchair.

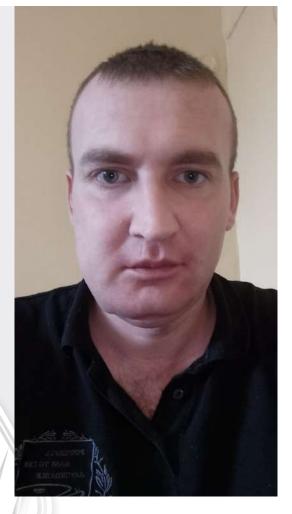
He can eat and answer the phone independently, but he cannot perform other self-care tasks. Long-term rehabilitation is needed. «Pislya Sluzhby» covered the cost of outpatient rehabilitation.





We paid for 30 sessions through the «Oriental Star» Foundation





On May 25, 2022, Oleksiy returned to service as the commander of a rifle unit. He sustained an injury on June 1, 2023, near the settlement of Maniivka in the Luhansk region. Oleksiy is divorced and has a son, along with many dreams, the main one is full physical recovery. He needed jaw surgery.



«Pislya Sluzhby»
covered the cost of a
laboratory kit for the
preparation
and administration of
plasma enriched with
growth factors





Dmytro, 30 years old, resides in Zaporizhzhia region.

Before the full-scale invasion he worked as a driver at a bakery. On December 22, 2022, he was mobilized for military service. Dmytro is engaged, and after his recovery, he and his fiancée plan to get married.

On February 27, 2023, Dmytro sustained a mine - explosive injury during combat operations in Bahmut.



With the assistance of a donor from Denmark, the «Pislya Sluzhby» veteran fund paid the bill for an implant





Eugene, 34 years old.

He was mobilized on April 4, 2023, and serves in the Missile Forces as a soldier-grenadier. He participated in combat in Bahmut, Donetsk Oblast, during the direct defense of his homeland. During enemy artillery shelling he sustained a maxillofacial injury.

He is single and has no children, plans to find a wife in future and

have children, and build a house with his own hands in a quiet and natural environment, live happily and forget all the horror he witnessed and experienced in the war. Currently he is undergoing treatment.

«Pislya Sluzhby» covered the cost of a Laboratory kit for the preparation and administration of plasma saturated with growth factors, the manufacturing of a phantom model and navigation templates (3D printing), simulation modeling, and planning of the surgical intervention, as well as 3D scanning

OLEKSANDR



Oleksandr's service began on February 25, 2022 when he volunteered for the territorial defense unit.

He sustained injuries on March 3, 2022 during the bombing by Russian aviation in Chernihiv. He served for 1.9 months. He is single and has no children.

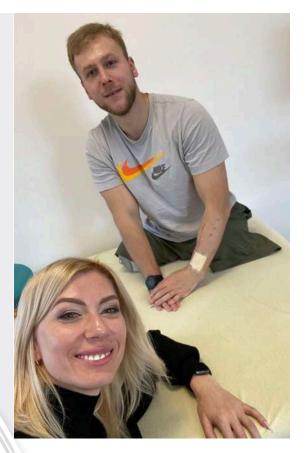
He needed limbs rehabilitation after injuries of the femoral bones.

«Pislya Sluzhby» covered the cost of a 20-day rehabilitation program



CASE MANAGER ANNA

ARTEM, ANDRIY and ANTON



Artem, Andriy and Anton are severely wounded warriors who have lost two or more limbs.

They currently are undergoing rehabilitation and prosthetics. Despite their injuries they expressed a desire to learn English, believing that life does end with injuries not acquiring new skills mastering foreign and languages for the future is always beneficial.





«Pislya Sluzhby» payed for English courses for all three of them





Andriy is 29 years old, participated in the liberation of Baryshivka, Nova Bosan, Gostroluchcha and other areas starting from February 25, 2022, in «Brotherhood» volunteer battalion.

Later he was transferred to the Special Forces Regiment «Safari». Until December 2022 he served and took part in the liberation of settlements on the Zaporizhzhia direction. Later he was discharged and joined the service in the OZSP NGU «Omega». As part of «Omega», he fought on the Donetsk direction, where he is still stationed. In his free time, aside from studying military affairs, Andriy is learning civilian professions for the future.

«Pislya Sluzhby»
covered the cost of
an online copywriting
and rewriting course





Andriy was born in 1985, served in the Armed Forces of Ukraine for 3 years, 3 months and 22 days. Starting from August 3, 2022 he participated in activities to protect the safety of the population and the interests of the state due to the military aggression of the Russian Federation against Ukraine in the city of Bakhmut, Donetsk region. As of now, he is a war veteran and a person with a disability due to war, with 1st disability group. On January 1, 2023, Andriy Kovalenko, in the rank of lieutenant, suffered a «severe traumatic brain injury, multiple fragmented fractures of the cranial vault bones, contusion of the brain of the III degree, epidural hematoma, traumatic syndrome, bilateral pneumothorax». Long-term rehabilitation is needed for him to be able to take care of himself in the future. Case manager Anna introduced Andriy to an American volunteer, Sam, at the rehabilitation center.





Sam covered the cost of a 40-day rehabilitation program for Andriy



CASE MANAGER ANNA



«My work is my life's purpose. Over the past year of our Fund's activity, our veterans and servicemen have become friends and very dear people to me. We've been through a lot together, both sorrowful and joyful moments.

We complement each other: they support me and I support them.

I am proud to be a part of such a great process.» — says Anna.



CASE MANAGER OLEKSANDR





Oleksandr is a veteran of the Anti-Terrorist Operation (ATO). He was an active participant in the Revolution of Dignity.He volunteered in 2014 and served as part of the Special Operations Battalion of the National Guard of Ukraine named after Serhiy Kulchytsky from 2014 to 2015.











SHORT-TERM ACCOMMODATION AT THE RAILWAY STATION

CASE MANAGER OLEKSANDR









From March till
December 2023,
our Fund covered
the short-term
accommodation
expenses
for 1 126
servicemen
in a hotel.

















Served in the Armed Forces of Ukraine for 5 years, sustained a pelvic injury. At that time he was awaiting a decision on disability status. He sought legal assistance because he had not received any payments and had issues with the documents necessary for disability certification. Max did not understand what steps to take next.

Our legal team provided guidance and explained the procedure for filing applications. Max received the necessary documents and a compensation payment for his injury, on the amount of 800 000 UAH (\$22 000). We also helped Max in obtaining a driver's license of category B.

Provided legal assistance and paid for Driver's courses











Artem was an active warrior during his service in the DFTG «Mriya».

However, during the hostilities in March 2022, he suffered severe burns, covering 30-35% of his body.

Upon the recommendation of our partners from «Neopalymi», who were treating his burns, Artem turned

to «Pislya Sluzhby» for assistance in acquiring a new profession. Before the war he worked as a chef but due to the injuries received he had to explore a new specialty. He decided to venture into the IT due to the possibility of working in a seated position and remotely.

Initially Artem tried front-end development but he did not like it.

For the second attempt he chose UI/UX design. We covered the cost of courses at the MATE ACADEMY IT school, which guarantees employment for its graduates.











Olga is one of Mariupol defenders.

Since the beginning of war she served in the Azov Regiment. She was at Azovstal and was captured. Olga has been serving in the National Guard since 2016. She started in the "Donbas" battalion and later transferred to Azov. After returning from captivity she began working as a psychologist. She reached out to us for help in acquiring new skills in psychology.







«Pislya Sluzhby» covered the cost of her psychology courses at the Public Association «International Association of Psychosomatics and Body Therapy»

CASE MANAGER OLEKSANDR

OLEKSANDRA



Oleksandra has been serving in the AFU since 2016. She experienced the full-scale war in Mariupol while serving in the State Border Guard.

She had been at Azovstal and ended up in captivity. Fortunately, Oleksandra was released. She has a higher legal education. In her immediate plans she intends to apply for a Ph.D. program at the law faculty to assist military personnel in the future. One of the entrance exams for the university was English. Oleksandra turned to our Fund for help in learning a foreign language. «Pislya Sluzhby» agreed to assist and covered the cost of individual language training at the «Speak Up» language school.













Max is ATO veteran who fought from January 2015 till March 2016. Since the beginning of the full-scale invasion, he was called up to the Armed Forces of Ukraine. He participated in the defense of Kyiv, where he was captured.

Before the war he studied psychology and has now resumed his education. He is currently in his second year of studies. We helped to pay for his military psychology course because the university's training is focused on civilian work. Max plans to work as a psychologist and help combatants.

We covered the tuition for the «Military Psychology» course at Hideaway, where he is currently studying.







CASE MANAGER OLEKSANDR

MECHYSLAV





He joined the army on April 5, 2022 and served on the front lines from July till February. He came to the Fund with his wife during one of our events for veterans. He was very depressed and confused at that time.

Before the war he had worked as a department manager but had a wish to acquire a profession of electric welder.



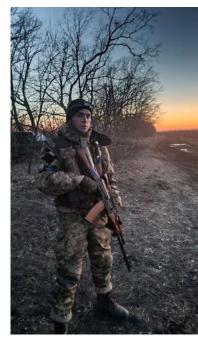




We covered the cost of his training at the Paton Institute







At just 24 years of age, he is a war veteran. Despite his young age, he participated in the war and has combat injuries. Before the full-scale invasion Oleksiy was a professional musician.

On February 26, 2022 he volunteered for military service, took part in battles in the south-east, sustained combat injuries. On September 15, 2022 he was discharged to care for his disabled mother.

After completing rehabilitation, Oleksiy turned to «Pislya Sluzhby» for assistance with legal matters. Currently he is working with our lawyer.







We also helped Oleksiy to find employment

and even after completing his military service, he is dedicating all his efforts and skills to the victory.

Oleksiy has an insatiable thirst for knowledge; he was among the first to register for the software testing and quality assurance group, organized by the Fund.

He is learning English in our courses and practices in our conversation club. He actively participates in other Fund's projects.





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Club «Happy Hours»

The project's goal is to create a community of veterans for mutual support, information exchange, and assistance to each other. Meetings were held once a month in an informal setting, with pizza, contributing to the creation of an atmosphere of trust and support. Partners and friends of the foundation were also invited to such meetings:

- Lawyers (provided individual consultations)
- Psychologists
- Business partners (employment opportunities for veterans)
 Partners from organizations providing grants to veterans
 Volunteers, teachers (offered free education/retraining)





















«Veteran Talk: Monday English Speaking Club»

Every Monday veterans had the opportunity to improve their spoken English and interact with other club members. Games and interactive tasks were organized to enhance language skills, along with thematic sessions to study and practice important and interesting topics. The club's moderator was Mike Wilson, an American veteran and volunteer.

There have been 20 meetings since July 2023, with 20 unique visits.

English Language Courses for Veterans





We organized 4.5-month English language course for "Brotherhood from Prykarpattia" Veterans Organization in the city of Kalush, for a group of 10 yeterans.









Psychological Support Groups for Women who are waiting for their family members

The main goal of the project is to provide participants with skills of emotional self-regulation, stress management and building healthy relationships. The program helps families understand their needs, preserve energy and maintain a positive mood during the most crucial and necessary periods. Additionally, the project offers psychological support, develops strategies for emotion management and trauma work and provides individual support and informational resources.



Offline Support
Group: May
- June 2023
Number of
participants - 12

Online Support Group: November -December 2023 Number of participants - 12









Pizza to the Hospital

On behalf of the "Pislya Sluzhby" Foundation, our partners from "Veterano Pizza" delivered pizzas to the wounded warriors in the hospital once a week. They also shared information about the Fund's activities to ensure that as many veterans as possible learned about our work and the potential support available to them. May - June 2023







Playback Theater

This is not just a theater. In collaboration with «Pislya Sluzhby», actors use theatrical techniques to help war participants and their families overcome trauma and other feelings associated with serving in a combat zone. It serves as an excellent tool for participants to share their emotions and view situations

from different perspectives.

In this way, the theater becomes an excellent instrument for supporting veterans and facilitating their return to civilian life.

















Art Masterclasses

Art rehabilitation, where various workshops were held every two weeks, aimed at the restoration of individuals. This approach focuses on the creative resources of veterans, provides support, restores internal well-being, and is a crucial component of psychological rehabilitation.





In 2023, approximately 25 workshops were conducted, including:

- Oil painting
- Petrykivsky painting
- Watercolor painting
- Studying ethnic symbols and transferring them to bracelets
- Masterclass with clay















Within one year of our activity we have established partnerships with numerous state and private organizations.

Among them are the Ukrainian Veterans Foundation, the Training Center of the Employment Center, the «Dignitas» Charitable Foundation, the «Heart of Azovstal» NGO, the «See the Victory» Foundation, the Ukrainian Foundation «Mriya» and the «TMS - Fighting for Victory» Foundation.











PARTNERSHIP





David Petraeus, the United States Army General, participated as the honorable guest at one of our meetings with veterans.

We also hosted a delegation from the **US Veteran Coalition International** and the organization of wounded veterans from Denmark, **Veteranskytterne**.

Our team attended a scientific conference in London titled

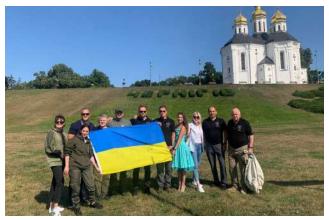






«Out of War: Global Insights on Reintegration to Support Strategies for Ukraine's Front-Line Returnees.»









PARTNERSHIP







































Центр психічного здоров'я та реабілітації "Лісова поляна" МОЗ України



Центр протезування, ортезування та реабілітації "Без Обмежень"



SOCIAL MEDIA

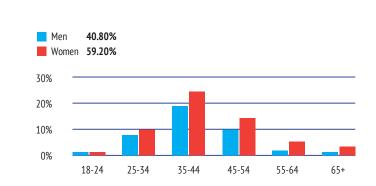
The number of subscribers for the year of 2023:

Facebook - 3 000

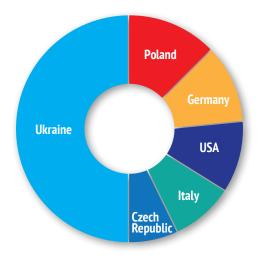
Instagram – **344**

Telegram – **316**

LinkedIn – 88



Target audience:



The number of engagement accounts on:

Facebook - **53 000**

LinkedIn - 12 169

Official website -8731

 $\mathsf{Instagram} - 5\ 198$

Views on YouTube - 3 514



Ukraine	8,7тис
United States	748
Poland	148
- Germany	124
China	86
Sweden	73
Netherlands	68





SOCIAL MEDIA



Official website



Instagram



Facebook



LinkedIn



Telegram



YouTube

